



## *"It Won't Happen To Me"*



Most of us are thinking about getting the job done, as quickly as we can and we tend to downplay the risk of getting hurt on the job. We think to ourselves that we have been doing it this way for 20 years and nothing bad has ever happened before. We tell ourselves, *"it'll be fine, it will only take a minute."* Then the hammer drops!

### Accidents are caused by two things

#### Unsafe Acts



#### Unsafe Conditions



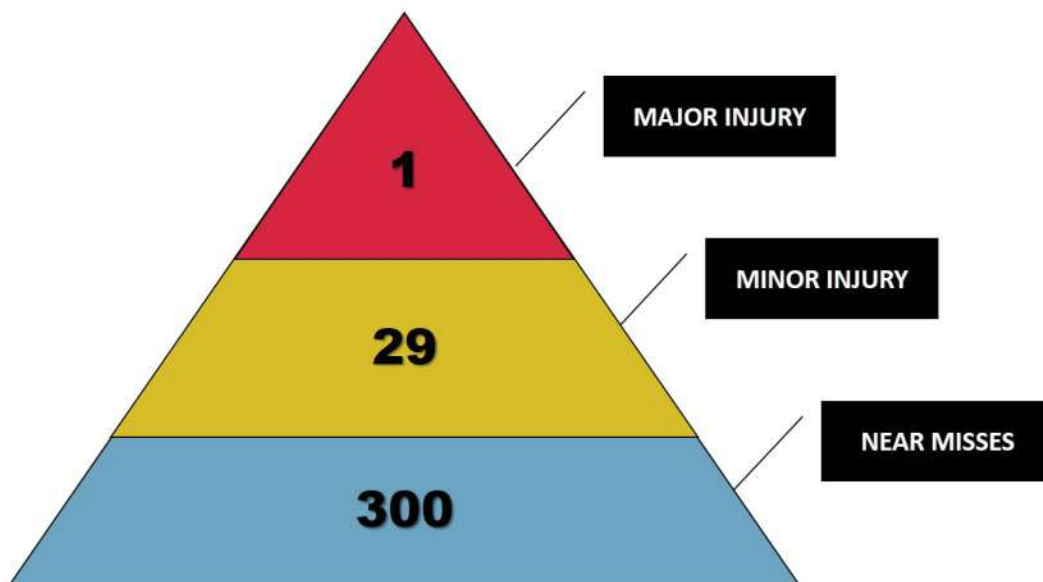
**Did you know that 9 out of 10 accidents are the result of unsafe acts, or things we do when we know better?** We have more to fear from our own actions than from any other job hazards around us. Why do we deliberately expose ourselves to injury every day? **COMPLACENCY.**

On an intellectual level, we realize there is a potential danger but decide that the risk of being injured is low. Because we have not been injured so far, we actually think of ourselves as being very safety conscious. We know the right way to do it, we realize that it is hazardous to do it this way, but what we are really thinking to ourselves is ***“it won’t happen to me.”***

**No task is so important that it can’t be done safely.**

Yes, we all have deadlines and obligations to meet, but more importantly is that we meet them the same way we started. Rushing is a huge factor in workplace incidents. Even if a job will only take a few minutes, it isn’t worth risking your safety and health for those few minutes.

Wear the proper PPE for the job. Use the right equipment, and make sure the equipment is inspected daily. Don’t improvise to save time. Ladders, steps, and walkways are built to insure your safety, as well as for your convenience. Be sure to use them in the proper manner.



Heinrich’s Law Safety Triangle tells a compelling story: **If you continue to commit unsafe acts and operate under unsafe conditions, sooner or later you will be the victim of an accident.**