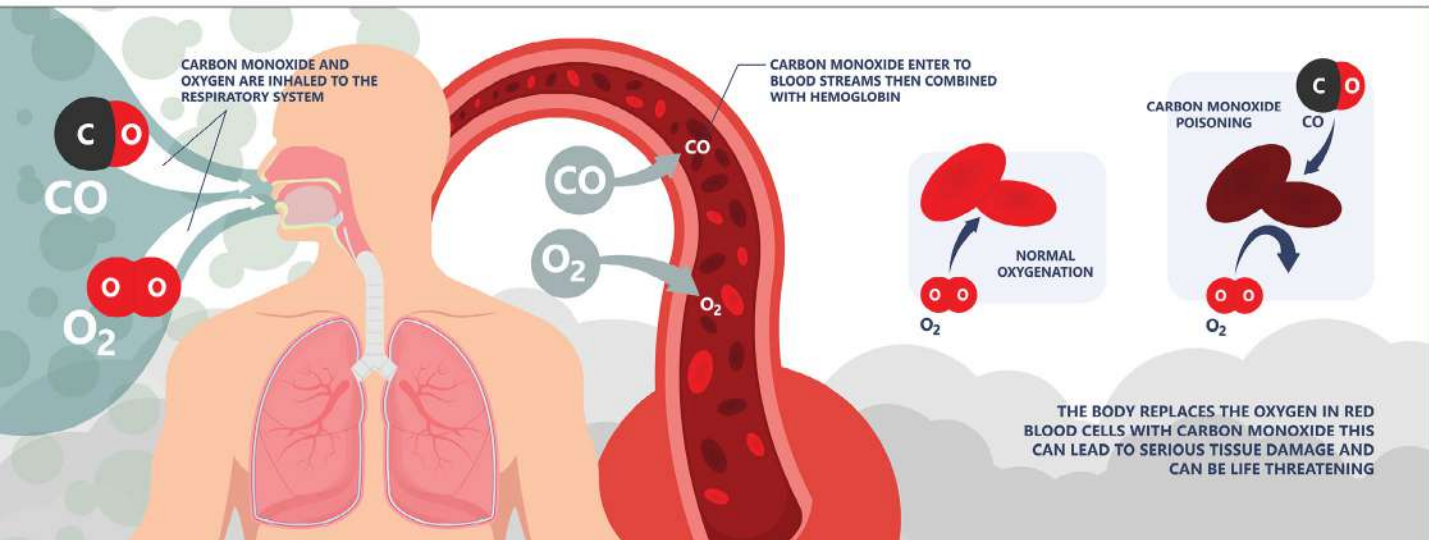




## Carbon Monoxide Poisoning



January is often the deadliest month for carbon monoxide poisoning. Because it's so fatal and often starts without warning, protecting your workers against it is vital.

### What is Carbon Monoxide?

Carbon monoxide (CO) is an odorless, colorless gas formed by the incomplete combustion of fuels. When people are exposed to CO gas, the CO molecules will displace the oxygen in their bodies and lead to poisoning.



CAN'T BE SEEN



CAN'T BE SMELLED

### How does CO harm you?

Carbon monoxide is harmful when breathed because it displaces oxygen in the blood and deprives the heart, brain and other vital organs of oxygen. Large amounts of CO can overcome you in minutes without warning — causing you to lose consciousness and suffocate.



CAN'T BE HEARD



CAN BE STOPPED

## The most common symptoms of CO poisoning are:



DIZZINESS



CONFUSION



HEADACHE



WEAKNESS



DIFFICULTY  
BREATHING



NAUSEA OR  
VOMITING



BLURRED  
VISION



LOSS OF  
CONCIOUSNESS

## Can CO poisoning be reversed if caught in time?

Yes. However, even if you recover, acute poisoning may result in permanent damage to the parts of your body that require a lot of oxygen such as the heart and brain.



## What can you do if you suspect that someone has been poisoned with CO?

Recognizing the signs and symptoms of CO poisoning can save lives. Move the victim immediately to fresh air in an open area. Call 911 or the designated emergency number. Be prepared to give CPR if the person has stopped breathing.

For more information on the standard contact **Tracy Nelson**  
734-818-6937



586-790-7810  
[www.camcomp.net](http://www.camcomp.net)