



## Workplace Injuries



Pre-work safety meetings, or TOOLBOXTalks, HELPS avoid Accidents or injuries in the workplace.

Some of the most common causes are:



Trips and falls



Lifting



Being hit by unguarded machinery



Falling objects



Violent acts in the workplace



Stress, fatigue, and overexertion



Vehicle-related mishaps



Repetitive motion injuries



Exposure to hazardous materials

Talking about how these injuries occur and what workers can do to avoid them should be a key element of a safety meeting or talk. Organizations should inform workers on procedures and training that help protect them from accidents in the workplace. Lack of communication between employees can be a major reason for workplace accidents. Pre-work safety meetings, or toolbox talks, are a good platform to clarify the roles and responsibilities defined within a company's safety program.

## Occupational safety and health are shared responsibilities.

Both employers and employees have roles to play in maintaining a safe working environment. Safety topics are a great way to communicate these responsibilities. Transparency of all work related injuries and near misses keeps workers in the know.

- Business owners are responsible for providing safe working conditions. This is typically achieved through the implementation of safety procedures.
- Employees should know how work will be done for the day, who's responsible for what, and the general safety protocols.
- Engage your audience. Understand their concerns and give them a chance to ask questions. Be ready to answer those questions.
- Don't read directly from a safety manual- it repels interest.
  It shows your lack of preparation for a healthy and engaging discussion.
- Discuss relevant safety issues. Keep it simple and relevant to the scope of work being performed. Keeping workers up to date on the latest news within your organization will open up

